



Speaker Biographies



Harold P. Freeman, M.D.

Dr. Harold P. Freeman, M.D. is Senior Advisor to the director of the National Cancer Institute (NCI), Bethesda, Maryland. Dr. Freeman is also president and founder of the Ralph Lauren Center for Cancer Care and Prevention in New York, New York. He has been a professor of clinical surgery at Columbia University College of Physicians and Surgeons, also in New York. For twenty five years (1974 - 1999), Dr. Freeman was director of surgery at Harlem Hospital in New York. Dr. Freeman served as chairman of the US President's Cancer Panel for an 11 year period under both President George H. W. Bush and President Bill Clinton. Dr. Freeman served as national president of the American Cancer Society from 1988 to 1989. He is the chief architect of the American Cancer Society's initiative on Cancer in the Poor and is a leading authority on the interrelationships between race, poverty, and cancer. He serves as a Director of the Lance Armstrong Foundation. He serves as a Trustee of Howard University. He has been a Trustee of Howard University Hospital since 1993. Dr. Freeman received the Harris Award for "Outstanding Scholar, Gentleman, and Athlete and was later inducted into the Athlete's Hall of Fame of the University. He earned an A.B. degree from the Catholic University of America, and a M.D. degree from the Howard University College of Medicine.

Anita Woods, Ph.D.

Dr. Anita Woods has spent over 35 years in research, clinical education and training in the fields of Geriatric Medicine and Gerontology. She has specialized in issues related to mental health and aging, the family dynamics of caregiving, the delivery of primary care geriatrics in community-based settings, and the improvement of patient-provider communication in health care settings.

Dr. Woods has been a faculty member in the Department of Medicine, Section of Geriatrics, at Baylor College of Medicine since 1994. She is also a Faculty Associate in the Huffington Center on Aging. Dr. Woods has served on the faculties of the University of Texas School of Nursing, the University of Houston School of Pharmacy, and the University of Texas School of Public Health. She has held local, state and national offices in many non-profit organizations dedicated to the comprehensive care of older adults and their families.

Dr. Woods graduated from the University of Southern California with a PhD in Psychology in 1980. Her specialty focus was in cognitive aging and neuroscience. Her primary area of research and training within medicine has been the differential diagnosis of age-related mental disorders and the treatment and management of depression in older adults. Her current focus is on growing the home visit/home care program for frail elders in underserved neighborhoods of Houston.

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Barbara K. Anderson, M.A.

Ms. Barbara Anderson is the Executive Director of the Pro Bono Counseling Project. Early in her career, she worked as a community activist in housing and city revitalization programs in Delaware, Washington, D.C., and New York City. After receiving her MA, she taught English until she “retired” in 1981, moved to California, raised children and began a new career as a volunteer. This led to working with volunteers in the Docents organization at the Baltimore Zoo, which brought her to the Pro Bono Counseling Project where she recruits volunteer mental health professionals to provide care for low-income, uninsured families and individuals. With a small staff and limited budget, the Pro Bono Counseling Project has linked more than 27,500 Maryland families, couples, and individuals with over 1,800 participating clinicians who have donated in excess of 100,000 hours for their care during the past 25 years.

Carlo C. DiClemente, Ph.D.

Dr. Carlo DiClemente received his MA in Psychology at the New School for Social Research and his Doctorate in Psychology at the University of Rhode Island. For the past 25 years he has conducted funded research in health and addictive behaviors. He has directed an outpatient alcoholism treatment program and served as a consultant to private and public treatment and prevention programs.

Dr. DiClemente is the co-developer of the Transtheoretical Model of behavior change and the author of numerous scientific articles and book chapters on motivation and behavior change and the application of this model to a variety of health and addictive behaviors. Dr. DiClemente has co-authored a self-help book based on this model of change, *Changing for Good* and several professional books, *The Transtheoretical Model*, *Substance Abuse Treatment and the Stages of Change*, and *Group Treatment for Substance Abuse: A Stages of Change Therapy Manual*. His most recent book, *Addiction and Change: How Addictions Develop and Addicted People Recover* was published by Guilford Press in 2003 and released in paperback in 2006.

For his work in addiction he was given the Innovators Combating Substance Abuse award by the Robert Wood Johnson Foundation and the John P. McGovern Award from the American Society on Addiction Medicine (ASAM), and a Distinguished Contribution to Scientific Psychology award by the Maryland Psychological Association and the American Psychological Association (APA) Division on Addictions. He has served as president of the APA Division on Addictions (50) and is a Fellow of the American Psychological Association and the Association for Psychological Science. In 2007 he was named the first Lipitz Professor of Arts, Humanities, and Social Sciences at UMBC, and in 2011 he was named as Presidential Research Professor at UMBC. In 2013 Dr. DiClemente was selected as a recipient of the Lifetime Achievement Award by the Addictive Behaviors Special Interest Group of the Association for Behavioral and Cognitive Therapies (ABCT), and was formally honored at the ABCT meeting in Nashville.

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Matthew R. LeBlanc, R.N., B.S.N., O.C.N.

Matthew LeBlanc graduated from MGH Institute of Health Professions in 2010 and began his nursing career at Washington Hospital Center caring for geriatric patients on a medical surgical unit. In 2012, Matthew began working on the Inpatient Oncology Unit at Anne Arundel Medical Center. Matthew was selected to be the Nurse Navigator for Oncology Rehabilitation by his peers, patient and family advisors and hospital leadership in 2013. In his role as Oncology Rehabilitation Nurse Navigator he works to ensure that oncology patients receive the high quality rehabilitation services they need.

Matthew has spoken previously at the Maryland Hospital Association, Maryland Nurses Association Annual Conference, Oncology Nursing Society Congress as well as many hospital and community health education events regarding patient and family centered care and oncology rehabilitation.

Kate Schulz, M.S.W.

Kate Schulz is the Health Care Call Specialist at 2-1-1 Maryland/United Way Helpline at United Way of Central Maryland. The 2-1-1 Maryland/United Way Helpline is a toll-free, 24-hour, information and referral helpline for health and human service resources. Kate is certified as an Information and Referral Specialist through the national accrediting agency, Alliance of Information and Referral Systems (AIRS). After graduating from University of Maryland, Baltimore, with a Master's Degree in Social Work, she was hired as an Information and Referral Specialist at 2-1-1 Maryland/United Way Helpline at United Way of Central Maryland, and held that position for four years. She then went to work at Healthy Howard and became a Certified Navigator, helping people to enroll in health insurance plans available through the Maryland Health Connection, the state-based exchange. She is now back at 2-1-1 Maryland/United Way Helpline and in addition to handling calls and 2-1-1 inquiries, she is actively involved in outreach throughout Central Maryland, helping to educate people about 2-1-1 Maryland/United Way Helpline and the services it provides to the community.